

A free, moderated discussion group for adults with pre-diabetes, diabetes, and their caregivers

Build skills for better self-management through interactive peer discussion and learning

Facilitator: Sandra Grenci, MS, RDN, LDN
Certified Diabetes Care and Education Specialist
Rutgers Cooperative Extension of Hunterdon County
Family and Community Health Sciences Educator

COMING SOON:
2022 MEETING DATES
ON ZOOM!

TO REGISTER or for more info: CONTACT SANDRA GRENCI:

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